

League Rules - DIVISION III (Grades 5/6)

Safety Equipment

All players are required to wear shin guards. Mouth guards and cleats are strongly recommended.

Jewelry is not allowed to be worn during games.

League Rules

- Each team will play with 8 players per team (including goalie). Teams may adjust this if in agreement with opponents.
- Games will consist of TWO 25 minute running halves with a 5 minute break in between
- Each player must play a minimum of 25 minutes per game
- Games will be played on youth sized fields: width- 40yds TO 50yds, length - 70yds TO 80yds.
- Goals no larger than 7'H X 21'.
- Each player should be wearing a numbered shirt
- Individual substitutions can be made during any dead ball situation (i.e. Ball out of bounds or goal scored) however the clock will not stop during the change
- Off sides **WILL** be called
- Yellow or Red Cards may be issued for serious infractions
- Upon receiving a yellow card the player is required to leave the field and cannot return until the next stoppage of play
- Players receiving a red card will be required to leave the fields, the team will play the remainder of the game shorthanded and the player will be suspended for the next scheduled game.
- All infractions will result in an indirect kick – there will be NO direct kicks at any point during the game.
- Goalies are required to wear a shirt/pinnie that is a different color than his/her teammates
- Slide tackling will not be allowed
- No heading

Referees

- Please arrive 15 minutes prior to schedule start of the game
- Always bring **a whistle, coin and a watch** to each game
- Please briefly meet with each coach to see if they have any questions.
- Prior to start of game, call a representative from each team over for coin flip to determine who kicks off first
- Be stern with your “calls” and maintain control of game