

Kennebunk Parks and Recreation

PARENT HANDBOOK

Amped for Camp 2026

TABLE OF CONTENTS

- General Program Information Page 2
 - Amped For Camp (gr. 6-8)
 - Locations, Dates, and Times
 - Staying Updated
 - Nut Free Campus Notice
- What to Expect..... Page 3
 - PikMyKid Guide
 - Drop Off / Pick Up Process
 - Late Drop-offs / Off-Site Pickups.....Page 4
 - Late Fees
- Need to Know Information.....Page 5
 - Program Expectations
 - Camp Basics
 - Personal Belongings / Money
 - Lost and Found Page 6
- Camp Policies Page 6
 - Swimming & Sunscreen Policy
 - Cell Phone Policy
 - Payments & Registration Page 7
- Health and Wellness..... Page 7
 - Sickness / Illness
 - Injuries, Accidents, and Incidents
 - Medications Page 8
- Handbook Acknowledgement..... Page 9

GENERAL PROGRAM INFORMATION

AMPED FOR CAMP

Grades: 6th-8th

Location: Middle School of the Kennebunk's

Dates: June 29th – August 21st

- **NO CAMP:** Friday July 3th
- **Half Day:** Friday Aug 21nd (12:00 noon pick-up)
- **Standard Day:** 8:00am – 3:30pm

Contacts:

- **Program Coordinator:** Abigail Duncan
 - o Aduncan@kennebunkmaine.us
 - o 207.604.1362
- **Director:** Sarah Cameron

RECREATION OFFICE

For general questions or inquiries, feel free to call our recreation office at 207.604.1335.

Stay Updated

Every Friday you'll receive our weekly emails, detailing everything you need to know about the following week at camp. Trip info, when to wear your camp shirt, required waivers it'll all be there! These emails will also state possible changes to our upcoming schedule in case of weather or other circumstances.

- Be sure to turn on your acceptance of emails in your MyRec account and reach out to aduncan@kennebunkmaine.us in the event you don't receive them at the end of the week!

**Kennebunk Parks and Recreation Camps are NUT FREE campuses!
Thank you for your understanding!**



PikMyKid:

Amped for Camp (gr. 6-8) will be using the PikMyKid app to facilitate student drop-offs and pickups from camp. See below for details on our drop-off and pickup process.

PLEASE NOTE: The use of the PikMyKid app or providing a photo ID matching our safe pickup records is REQUIRED prior to a camper being dismissed

DROP OFF:

Upon arrival, our staff will check your child into PikMyKid at our **drop off entrance located on the back end of the Middle School of the Kennebunk's**. You do not have to use the app at all during drop off, we take care of this part for you!

- **Drop off begins at 8:00am** – we are not able to accept early drop offs as our staff are still arriving and setting up for the day.

PICK UP:

Upon pick-up, we are asking parents to **announce your arrival through the PikMyKid app**.

- When you are nearing arrival (within 2.5 miles) open the app and select “pickup”
- Next, click the green “ANNOUNCE” button.
- *This allows us to be notified early about your participants' dismissal. So, parents are allowed to remain in their car pick-up line with their camper walking to your car!*

If your PikMyKid is not working, feel free to walk to our entrance and chat with a staff member!

PikMyKid – Adding and Assigning Safe People :

Only people identified in your PikMyKid app as safe people will be allowed to pick up your child. This includes up to two primary guardians (input by Parks and Recreation based on your MyRec profile) and as many additional contacts as you would like to add.

- **Adding Additional Safe People:**
 - o Open your PikMyKid app and select “Account”
 - o Click “Manage Contacts” and then the **+** button.
 - Any contacts you add will be considered safe people for pickup.

WHAT TO EXPECT DISMISSAL AND ARRIVAL MAPS



Parents are welcome to stop by our check-in location with any questions. Please follow the designated traffic pattern and car line procedures, and drive slowly, as both campers and staff frequently use the crosswalk to access the field. Thank you for helping us keep camp safe and running smoothly!

Planned Late Drop Offs and Early Pick-Ups

We are happy to accommodate late drop offs or early pickups, however, please be aware our camp travels many days of the week, during which no one will be at the camp location.

- Details on anticipated trip departure and return times will be available in our weekly parent emails as they vary day to day.
- **Please contact the Program Coordinator (email) to arrange this ahead of time!** Some trip locations may involve distance from site entrances or car accessible areas.

Late Pickup Fees:

- A late fee of \$20 will be added to your MyRec account for pickups greater than 15min late. In the event of excessively late or repeatedly late pickups may result in your child being removed from the program.

○ Amped For Camp pickup is by 3:30pm

Program Expectations

As a general rule, we expect all campers to follow the same expectations as the Kennebunk school system: Safe, Respectful, and Responsible. In a camp setting this looks like:

- Being kind and open to one another.
- Abstaining from physical or verbal aggression, inappropriate language, discussions, or gestures.
- Engaging in camp activities and trips
- Working cooperatively with staff and peers when conflict arises.

Campers who engage in significant or repeated unsafe or unkind behavior may be required to take time away from the program. These decisions will be coupled with ongoing conversations with caregivers.

What to Send with Your Child?

- **Please consistently pack your child with:**
 - Lunch, snacks, and a water bottle.
 - Swimsuit and towel
 - Sunscreen (we highly recommend spray sunscreen)
 - Bug spray
 - Sneakers / active footwear
 - Camp shirt (on days specified in our weekly emails)

Personal Belongings and Money

All campers are allowed to bring personal items as long as they recognize the following:

- Bringing any personal items opens them up to the possibility of them being lost, stolen or damaged.
- Amped for Camp is not responsible for any items brought to camp by campers including electronics, clothing, or valuables.
- As an example, if a camper brings their phone to camp and notices they left it at our trip location when we are 45min into our drive home... we will not be going back for their belongings.
- If any personal belongings are used in a harmful or inappropriate way, they will be confiscated. If any personal belongings create problems at camp, they will not be allowed.
- All personal items are the responsibility of the camper and if used correctly, can be fun!
- Personal money is allowed to be brought to camp but is not mandatory. Some locations we visit on trips hold opportunities to spend personal money if time permits. This could include snack trucks, trinket shops, or vending machines. This decision is at the discretion of care givers.

Lost and Found

- Over the course of the summer, we usually collect a large amount of camper items including water bottles, clothing, etc. Any items we collect will be stored in our lost and found.
 - o **Please feel free to ask or visit lost and found at morning drop off.**
 - o We provide an opportunity at the end of the year for parents to check lost and found for any additional items that may belong to their child.

CAMP POLICIES

Sunscreen Policy

- We ask that all campers have **sunscreen applied prior to arrival at camp.**
- During days when campers are outside (excluding significant rain days or indoor trips), there will be times built into the schedule to apply/reapply sunscreen.
 - o **Camp staff are able to help apply spray on sunscreen only.**
 - o Staff are not allowed to apply rub-in sunscreen on campers, nor are campers allowed to apply rub-in sunscreen on their peers.

Swimming Policies

We understand campers come to camp with a wide range of swimming abilities, however, to maintain the safety of all campers we hold everyone to the same swimming standards regardless of prior ability. We have asked in advance for parents' feedback on swimming ability to help staff safely monitor our water spaces.

Please review these swim rules prior to attending:

- Depending on the location we travel to, we will always have a staff member present to show how deep we will be going as a camp. This distance differs specifically when we visit beaches.
- There will be no horseplay (dunking, splashing, or jumping on other campers)
- Campers who violate our water policies will be asked to take a 5-minute break from the water. Repeated unsafe behaviors may result in campers being prohibited from re-entering the water.

Cell Phone Policy

- **Amped for Camp participants are allowed to have access to their cellphones/watch phones on buses and at lunch**, however, with this privilege comes the responsibility of using these tools appropriately.
 - o Campers are expected to stay engaged in programming.
 - o While at camp, we discourage use of social media
 - o Utilizing phones to bully other campers will not be tolerated.
 - o Should a camper need to call home, we ask they first connect with a staff member.
 - o If at any time phones are used inappropriately or conflict with participating in camp, they will be confiscated.

Sibling Discounts

Program cost is reduced by 10% for each additional child you sign up for K-2 Summer Day Camp, 3-5 Summer Day Camp, or Amped for Camp. Discounts will not be automatically applied if siblings are at different camps, so please contact the office at 207-604-1335 once checkout is complete so staff can add the discount to your account for you.

Withdrawals

- If you withdraw a participant from Amped for Camp before the first day, you will be charged a \$100 withdrawal fee per participant from your refund.
- If you withdraw a participant from Amped for Camp during the first week of camp, you will be refunded half of the total registration fee.
- If you withdraw a participant from Amped for Camp after the first week of camp, no refunds will be given.

Health and Wellness

Sickness / Illness

- **Any child with a fever related or otherwise potentially contagious illness may not attend** Kennebunk Parks and Rec summer camps until they are no longer contagious and fever free for 24 hours without the aid of fever reducing medications.
 - o If your child falls ill while at camp, you may be contacted and asked to pick your child up as soon as possible.
- Children with lice or nits are not permitted to attend camp. A doctor's note deeming the child lice free will be **required** before returning.

Injury / Accidents / Incidents

- In the event of a minor injury or accident, staff will provide basic first aid including ice packs, band aids, etc. **An accident form will be completed, and parents will be informed of the injury and care provided at the time of pickup.**
- Behavioral incidents, including but not limited to unsafe behavior, bullying, inappropriate language/topics at camp, will be handled on a case-by-case basis. **We strongly value working with families to proactively address behavioral issues.** However, in the event of repeated or significant behavioral incidents, we may require the child to take time away from the program.

- In the unlikely event of a medical emergency requiring immediate attention, an ambulance would be called, and the child may be transported to a local hospital.

Medications

Please be aware: for children who require prescription medications during camp hours, **we will require parents to complete a medication administration form** which will be reviewed and approved by Program Coordinator prior to accepting medications at camp. For approved medications, parents will be required to hand deliver medications to the Program Coordinator to be secured. Medications may not be brought to camp by a camper or in a camper's belongings.

- Once on campus, only a Program Coordinator or Camp Director will check in, handle, and administer medication (with the exception of life saving medication such as an EpiPen).
- If your child requires an EpiPen at camp, we will discuss with you if this should travel with the Program Director for your child or in the child's belongings.

Medications provided must:

- **Be in their original, unaltered container.**
- **Include the child's first and last name, physician's name, and name of medication, current expiration date, and dosage information including the exact dose, time, and administration method.**
- **If a pill cutter is required, we ask parents to pre-cut pills prior to providing them.**
- **At the conclusion of camp, any remaining medications / containers must be picked up by the child's guardian.**

***Kennebunk summer camps do not carry or provide over-the-counter medications to our campers. If you would like your child to have access to an over-the-counter medication, please contact the Program Coordinator. ***

Handbook Acknowledgement

By registering for Kennebunk Parks and Rec summer programs, you acknowledge that you have the option of receiving a printed copy of the Parent Guidebook or you can view it online at www.Kennebunkrec.com.

By registering for this program you also acknowledge that you have read through all the program rules, regulations, and policies. As the participant's guardian you understand that by registering for this program you agree that all other guardian's to the participant understand and agree to abide by these rules, regulations, and policies.

We hope we have answered any questions you may have about our summer programs, however, if you have any comments, questions, or feedback, please feel free to contact us:

- **Abigail Duncan, Program Coordinator:**
 - o aduncan@kennebunkmaine.us
 - o 207.604.1362
- **Parks and Recreation Office:** 207.604.1335