

Indoor Soccer Playing Rules

KAK grades 1-2 and 3, 4, 5 - 5v5

Law 1 - The ball: size three for 1-2 and size 4 for 3,4 & 5

Law 2 – the number of Player

- a. The maximum number of players on the field is five per team
- b. The Five players includes one goal keeper, who must wear a different color shirt
- c. Substitutions are allowed anytime the ball is out of play (including changing the goal keeper)
- d. Goal keeper will be able to pick the ball up with their hands when the ball is inside the basketball three point half circle within the goal they are defending
- e. Each player shall play at least 50% of the playing time

Law 3 –The Player Equipment

- a. Footwear should be sneakers
- b. Shin guards and mouth guards are mandatory

Law 4 – The referee

- a. A referee will be provided by the Park & Recreation Departments for these games.

Law 5 – Duration of the game

- a. Two eight minutes halves
- b. Two minute break at half time

Law 6 – Starting and restarting the game

- a. Opponents must be 5 yards from center mark while kick-off is in progress

Law 7 – Ball in and out of play

- a. The ball must completely cross the line to be out of play.

Law 8 – The method of scoring

- a. The ball must completely cross the goal line between the posts and beneath the crossbar to count

Law 9- Fouls and Misconduct

- a. Kicking, tripping, pushing, striking, or attempting to do so will result in an indirect free kick for the opposing team from the spot of the foul
- b. Sliding tackles are considered dangerous play and will result in an indirect free kick for the opposing team
- c. Referee shall explain the foul to the offending player

Law 10 - free Kicks

- a. All free kicks will be indirect
- b. Opponents must be 3 yards away

Law 11 – Penalty kicks – there are no penalty kicks

Law 12 – Throw-ins

- a. There are no Throw-ins. Players will place the ball on the line where the ball went out and the team that didn't touch the ball last will kick the ball in.
- b. Opponents must be five yards away

Law 13 – Goal Kicks

- a. If the team attempting to score a goal is the last to touch the ball before it crosses the goal line outside of the goal posts, the opposing team puts the ball back into play with a kick. The ball is still live if the ball stays in play and the goalie has possession of the ball in their hands or feet
- b. The goal kick is taken from within three yards of the goal, and opposing players must be on their half of the field.

Law 14 – Corner kicks

- a. If the defending team is the last to touch the ball before it crosses the goal line outside of the goal post; the attacking team puts it into play with an indirect kick from the corner area closest to where the ball went out
- b. The opposing team must be at least three yards away

Law 15 – Ball below Head Height

- a. The ball must be below the height of the player that kicked the ball
- b. If it goes above head height a free kick to the opposing team.
- c. The only exception to this law is when a goal keeper makes a save with their hands and it goes over head height. No free kick will be awarded.