

# Kennebunk

1 Summer Street  
Kennebunk, ME  
04043

## Recreation Department

[www.kennebunkmaine.us](http://www.kennebunkmaine.us)

offering programs for ages 1 through 101



## Instructions for Surf Participants

The goal of this camp is to teach campers to surf in a safe, secure, non-competitive environment and help them gain confidence in their abilities while having fun. Soft foam boards will be used for safe and easy learning. All participants must be able to swim and be very comfortable in the water. Campers will learn ocean skills, paddling and balancing techniques, wave selection and ocean conditions and how to avoid common mistakes and accidents. Participants should have waterproof sunscreen applied before arriving to camp.

### **\*\*IMPORTANT NOTICE TO THE DRIVER OF SURF LESSON PARTICIPANT\*\*:**

- If you intend on parking your car and staying at the beach while the participant is in lessons you will want to be sure to follow all parking signs/ordinances in order to avoid your vehicle being ticketed or towed at your expense. Parking along the beach area does require that you have a beach parking pass from the Town of Kennebunk. You can purchase a beach parking pass at the Tax Collectors Office, Kennebunk Town Hall, 1 Summer Street, Kennebunk on the second floor. FMI call 985-6890 ext 1606.

### **WET SUIT FITTING INSTRUCTIONS FOR FIRST DAY OF LESSONS:**

- Aquaholics will create a list of participant's names and sizes based upon the information that you provide at registration. If on the first day, the wetsuit size wasn't comfortable, the participant will need to contact the Aquaholics Surf Shop at 967-8650 to request a different size as the instructor may forget. Booties and gloves are not provided with the wetsuit. These would be used in cold water temperatures. If a participant wishes to buy booties or gloves to go along with their wet suit, please be sure to contact the Aquaholics Surf Shop two weeks prior to your lessons so that they can be sure to have correct sizes in stock.
- Aquaholics instructors will bring the appropriate size suits and boards to the beach for your lessons. Meet at far end of Gooch's Beach on the beach in front of Narragansett by the Sea Condos, 149 Beach Ave. Your wetsuit will be there on the sidewalk. Participants should go at least 15 minutes prior to the lesson to put their wetsuit on and meet with instructor.

### **ITEMS TO BRING:**

- All participants should apply waterproof sunscreen prior to the lesson and bring a towel, sunscreen, warm clothing for after the lesson, a snack and drink to each lesson.

### **CANCELLATIONS:**

- If it is lightly raining or the weather calls for light rain the lessons will still be held.
- If the weather looks unsettled, it is the responsibility of the participant or parent/guardian to contact the Aquaholics at 967-8650 after 8:00 AM to inquire about the conditions or possible cancellations.
- **In the event of a cancellation:** Aquaholics will make every effort to reschedule Monday and Wednesday cancellations. In the event that rescheduling is not possible or inclement weather conditions fall on a Friday, participants in that particular lesson will be entitled to a full day free use of the

equipment from Aquaholics for a later date. Tentatively Monday and Wednesday cancellation days will be rescheduled for the same time slot the next day.

- If the entire camp is cancelled due to bad weather conditions each day/night, Kennebunk Recreation and Aquaholics Surf Shop will either refund your registration fee (minus \$10 t-shirt cost) or reschedule for another week provided there are open slots, boards and instructors or later in the summer.

### **PROPER WETSUIT & BOARD PROCEDURES:**

- All participants must remove the wetsuits ON THE SIDEWALK or on a large towel to minimize sand on the wetsuit and bring them to the truck. **After removal of wetsuit, please LEAVE THEM INSIDE OUT, we clean and dry them this way.** If there is a bucket of water, please rinse the suit and drape it over the truck rail.
- Please DO NOT DRAG THE BOARDS and lean them against the wall.
- If you have your own equipment, these measures are a good idea for you too!

### **SURF CAMP WAIVER FORM**

- In order to participate in Surf Camps through Kennebunk Recreation an Aquaholics waiver form must be signed by the participant or the parent/guardian of the participant if the participant is under 18. The waiver form must be at the Parks & Recreation office at the latest at 4pm the Thursday before your scheduled surf camp begins.

### **CONTRACTUAL PROGRAM**

- This program is considered a contractual program. A contractual program is non-refundable. Contractual programs are programs where a verbal or written contract has been made by this department with an individual or business to run the program.
- If the 3-day program is cancelled by this department or Aquaholics for any reason participants may choose to receive a refund minus \$10 t-shirt fee or reschedule for another surf program date available.