

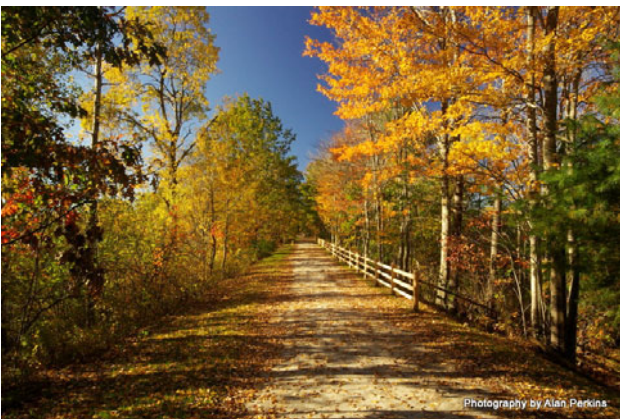
The Eastern Trail

Kennebunk, Arundel, Biddeford Section

The trail is wide, beautiful, and ready to use. It's the best place to come ride your bike, walk, ski or jog in southern Maine away from roads and traffic. Keep an eye out for the many varieties of birds and other wildlife that live in the lands along the trail. You can even ride side-by-side if you wish!



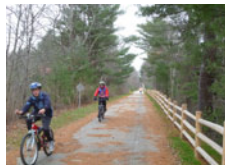
Take a leisurely stroll or get some exercise!



For safety and well-being of trail users ATVs are not allowed on the trail.



Photography by Alan Perkins



The Kennebunk, Arundel, Biddeford (KAB) Eastern Trail is a 6.2 mile bicycle and pedestrian trail that is part of a larger effort to connect Kittery to Portland.

The other two sections already built include a 5.7 mile paved section in South Portland (The South Portland Greenbelt) and a 6.0 mile section through the Scarborough Marsh.

Access graciously provided by
Unitil Corporation



For information, or to report any problems or misuse, please contact: **Eastern Trail Management District 284-9260** or the following towns:
Kennebunk 985-6890, Arundel 286-9241, Biddeford 283-0841



EASTERN TRAIL

Kennebunk, Arundel, Biddeford

COME VISIT!
BRING THE KIDS!



The Trail is 6.2 miles long, 10 feet wide and flat!

Come Bike, Jog, or Walk!
Cross-Country Skiing too!



Visit us on the web
www.eastertrail.org



Bicycle and Pedestrian Connection

A 6.2 mile, flat, 10 foot wide bicycle and pedestrian trail connecting three communities

Biddefore, Arundel, Kennebunk



Southern Maine's portion of the East Coast Greenway

