Pilates Strength & Core for Adults

WHEN: Fridays,  Session 1: September 14 – October 19
Session 2: October 26 – December 7 (no class 11/23)
Session 3: January 4 - February 8
Session 4: February 15 - March 22
Session 5: March 29 - May 3
WHERE: Kennebunk Town Hall Auditorium
TIMES: 8:00 - 9:00 am
COST: $57/per session (6 classes)  *$12 Drop In Rate (Must sign waiver at class)
INSTRUCTOR: Leigh Olsen, Certified Professional Fitness Instructor

This class is for all fitness levels and begins with a warm-up followed by an intense mat-based, Pilates inspired, strength training workout using your body weight and finishing with stretch and flexibility. This total body workout challenges you by working more than one muscle group at a time all while transitioning from one exercise to the next, without a lot of rest in between, testing your strength, endurance, core, and more. If you're looking for a workout that will help increase muscle strength, develop a stronger core, reduce body fat, ease lower back pain, improve flexibility and balance, as well as to help support mental well-being, then this class is for you. With this equipment-free workout all you need to bring is plenty of water and a yoga mat.

Pi-Yo for Adults

TUESDAYS OR THURSDAYS Pilates & Yoga Class (6 weeks)
WHEN:  Tuesdays,
Session 1: October 2 – November 13 (no class 11/6)
Session 2: November 20 – January 8 (no class 12/25 & 1/1)
Session 3: January 22 – February 26
Session 4: March 12 – April 16
Session 5: April 30 – June 4
WHEN:  Thursdays,
Session 1: September 27 – November 1
Session 2: November 8 - December 20 (no class 11/22)
Session 3: January 3 - February 7
Session 4: February 21 - March 28
Session 5: April 11 - May 16
WHERE:  Town Hall Auditorium
TIMES: 10:30 am – 11:15 am
COST: $15/session (6 classes)
INSTRUCTOR: Bridget Sheehan

This INTERMEDIATE class is a combination of Pilates & Yoga. It is a mind-body class that enhances flexibility, strength & endurance. REQUIREMENTS: Bring a water bottle and 1” rubberized sturdy mat to be used on top of a hardwood floor. Min: 4/session

All refunds will be subject to a $5 admin charge
TEEN/ADULT KARATE

AGES 12 & UP. (4 weeks)

WHEN: Tuesday & Wednesday Evenings

Session 1: October 2 - October 24
Session 2: October 30 - November 21
Session 3: November 27 - December 19
Session 4: January 8 - January 30
Session 5: February 5 - March 6
(no class 2/19 & 2/20)
Session 6: March 12 - April 3

WHERE: Kennebunk Town Hall Auditorium

TIMES: 5:30 - 6:30 pm(TUES), 6:30 - 7:30 pm(WED)

COST: $25/participant per session

INSTRUCTOR: Skip (Harold Welton)

This program gives participants the opportunity to feel better about themselves, get into better shape and learn techniques to cope with everyday trials through the martial art of TANG SOO DO.

Stretch & Tone Class

Adult Fitness For All Ages (6 week sessions), Min: 8

WHEN: Thursdays,

Session 1: September 20 – October 25
Session 2: November 1 – December 13
(no class 11/22)
Session 3: December 27 – January 31
Session 4: February 14 – March 21
Session 5: April 4 – May 9

WHERE: Kennebunk Town Hall Auditorium

TIMES: 9:15 – 10:00 am

COST: $15/pp per session (6 classes)
*$$5 Drop In Rate (Must sign waiver at class)

INSTRUCTOR: Bridget Sheehan

Unwind and start your day off right by aligning and elongating your muscle groups. This is a gentle stretching and entirely standing balance class that tones and improves posture and muscular endurance. REQUIREMENTS: Bring a water bottle & supportive footwear.

Looking for a FUN and FREE adventure?

Did you know Kennebunk has over a dozen parks? Check out our website for a complete listing that includes directions and descriptions!

Please be sure to review all of our policies before registering for a program.
**Oxford Casino Trips**

**WHEN:** Wednesdays,

- **Session 1:** September 19
- **Session 2:** October 24
- **Session 3:** November 28
- **Session 4:** February 13

**WHERE:** Oxford, ME

**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 9:00 am & returns approximately at 4:00 pm

**COST:** $12/participant per trip; transportation only

*Please bring your state ID to claim your free $10 slot play voucher.*

Min: 20 Max: 42

**NEW Capt. Johns Saco River Cruise**

**WHEN:** Tuesday, September 18

**WHERE:** Camp Ellis, ME

**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 9:00 am & returns approximately at 2:45 pm

**COST:** $38/participant; includes transportation & cruise; Lunch cost after cruise on your own. Destination TBA.

*Come see why kayaker’s flock to this region! We will take you up the peaceful, winding Saco River where flora and fauna are abundant. A few sightings have included white tail deer, cormorants, herons and even a young bald eagle. See the beauty of lower Saco River without getting wet!* Min: 20 Max: 30

**Bowdoin College Museum of Art & Dolphin Marina Restaurant**

**WHEN:** Thursday, September 20

**WHERE:** Brunswick & Harpswell, ME

**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 8:45 am & returns approximately at 2:45 pm

**COST:** $15/participant; includes transportation & admission; Lunch cost on your own

*There’s always something to see at the Bowdoin College Museum of Art! From installations of highlights from the permanent collection, to rotating special exhibitions on a great variety of themes, to shows curated by Bowdoin faculty and students. Come for a visit to see what's new! After we will enjoy a lunch at the Dolphin Marina Restaurant, offering the very best in waterfront dining, sits on the water’s edge of Pott’s Harbor and offers unrivaled views of Casco Bay and its many islands. Known for specialties such as our famous fish chowder, lobster stew, and blueberry muffins, we also feature Maine lobster dinners, fresh, local seafood and hand cut steaks.* Min: 20 Max: 25

**Coffee *Donuts* Bingo**

**WHEN:**
- Tuesdays, September 25, October 30, November 27, January 29, February 26, March 26 & April 30

**WHERE:** Kennebunk Town Hall - Room 306

**TIMES:** 10:00 - 11:30 am - NEW TIME!

*Please join us for some coffee and donuts and play some BINGO! There will be small prizes & plenty of laughter. Don’t miss out!*

**Fryeburg Fair**

**WHEN:** Tuesday, October 2

**WHERE:** Fryeburg, ME

**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 8:30 am & returns approximately at 5:00 pm

**COST:** $14/participant; transportation only

*Tuesday admission is FREE for individuals 65 and older! All others admission is on your own.* Min: 25 Max: 42

**Cog Railroad Foliage Trip**

**WHEN:** Thursday, October 4

**WHERE:** Mt. Washington, NH

**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 7:40 am & returns approximately at 5:45 pm

**COST:** $78/participant; includes transportation, train ticket, bag lunch, dessert, tax & gratuity

*Lunch choice* of turkey & cheese, ham & cheese or veggie sandwich with potato chips, giant cookie & bottled water. Enjoy a scenic fall foliage train ride to the Summit of Mt Washington, the northeast's highest peak at a mere elevation of 6,288’. Trains run rain or shine and may be steam or diesel powered. Upon arrival each participant will receive a bag lunch which can be enjoyed before the train leaves, during your train ride or at the top of the summit. Min: 30 Max: 42

**Tour of WCSH News Studio**

**WHEN:** Wednesday, October 10

**WHERE:** Portland, ME

**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 10:40 am & returns approximately at 3:30 pm

**COST:** $15/participant; includes transportation & walking tour; Lunch cost on your own. Destination TBA.

*Come on along on a back stage tour of one of Portland’s television news studios. Find out how news gets on the air and experience watching a live broadcast.* Min: 15 Max: 15

**Clydesdales, Anheuser-Busch History & Factory Tour**

**WHEN:** Thursday, October 11

**WHERE:** Merrimack, NH

**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 8:15 am & returns approximately at 4:15 pm

**COST:** $27/participant; includes transportation, admission & walking tour

*Embedded in the scenic New England countryside, the New Hampshire brewery is one of our most stunning Tour Center locations. Experience a rare, up-close meeting with the world-famous Budweiser Clydesdales when you visit the Clydesdale Hamlet. Given to August Busch, Sr. as a gift to celebrate the end of prohibition, sons Adolphus III and August Busch, Jr. presented the first Clydesdale hitch to their father. Participants will also enjoy a walking narrated tour to educate visitors on the history of the family and company as well as from “Seed to Sip.” Once the tour is complete, participants will enjoy a short visit to the hospitality room and gift shop if you wish. After, we will take a short jaunt over to the Merrimack Outlets for lunch and or shopping on your own. Be sure to wear your walking shoes and bring a light sweater for the brewery area tour.* Min: 25 Max: 42
**Inland River & Fall Foliage Cruise**

**WHEN:** Tuesday, October 9  
**WHERE:** Portsmouth, NH  
**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 10:45 am & returns approximately at 3:30 pm - **SEE LUNCH INFO BELOW**  
**COST:** $38/participant; includes transportation & cruise

As we leave Portsmouth and head inland we will pass all of New Hampshire's industrial waterfront. Cruise past tankers, freighters and cable ships loading and unloading; past the remains of old shipyards where military and merchant vessels were built throughout our history. As we continue inland we head up into either Great Bay or the Cocheco River into Dover. This beautiful tidal estuary remains largely undeveloped. The Cocheco River cruise is tide dependent. *This cruise runs from 12-2:30pm. Participants are welcome to bring their own lunch or purchase from a full bar, assorted snacks, Moe’s Italian sandwiches and/or clam chowder from the Portsmouth Chowder Company.*

**Min: 25 Max: 42**

**Stonewall Kitchen Warehouse Outlet, Hobby Lobby & 110 Grill for Lunch**

**Min: 20 Max: 29**

It’s a bit of a secret for those in the retail know so we provided a whole store for you dedicated to sale, discounted and discontinued items, as well as first quality Stonewall Kitchen specialty foods. Everyone loves a sale! From home, glass, wood and metal decor to wreaths, floral and garlands along with fabrics, yarns, crafts, and drawer and door pulls and handles the Hobby Lobby has it all! During our visit to Rochester we will also make a stop at the 110 Grill & perhaps Potters House Bakery for a treat.

**WHEN:** Wednesday, October 17  
**WHERE:** Rochester, NH  
**TIMES:** Bus leaves back left hand corner of the Quest Fitness parking lot at 10:15 am & returns approx. 4:30 pm  
**COST:** $14/participant; includes transportation only

**Boston Christmas Festival**

**WHEN:** Friday, November 2, 2018  
**WHERE:** Seaport World Trade Center - Boston, MA  
**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 9:45 am & returns approximately at 6:30 pm  
**COST:** $26/participant; includes admission

With 350 exhibitors, this award-winning show is the largest arts & crafts festival in New England, & features handcrafted gifts, holiday decorations, jewelry, clothing, pottery, folk art, delicious foods to buy & sample & much more! Purchases are made directly from the artisans so prices are reasonable & suit everybody's budget. Lunch on your own at the festival or take a short walk to dine at one of the many nearby restaurants. **Min: 25 Max: 41**

**Shopping Trips**

**WHEN:**  
**Session 1:** Tues, Nov 6, 2018 - IKEA  
**Session 2:** Thurs, Dec 6, 2018 - Freeport Outlets  
**Session 3:** Wed, May 15, 2019 - North Shore Mall, the Container Store & Putnam Pantry  
**Session 4:** Wed, May 22, 2019 - IKEA

**TIMES:**  
**Session 1, 3 & 4:** Meet & return to back left hand corner of Quest parking lot 8:00 am – 4:15 pm  
**Session 2:** Meet & return to back left hand corner of Quest parking lot 9:00 am – 4:15 pm  
**COST:** $14/participant per trip; transportation only  
All additional costs & lunch on your own. **Min: 20 Max: 35**

**The Good Theater Presents...**

**The Currier Museum of Art**

**WHEN:** Wednesday, November 14, 2018  
**WHERE:** Mason & Manchester, NH  
**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 8:45 am & returns approximately at 4:45 pm  
**COST:** $58/participant; includes 5 course gourmet luncheon, tax, gratuity & admission to museum  
**Luncheon:** Sweet Pepper and Onion Dip, Loaded Baked Potato Soup, Shaved Fennel & Parmesan Crisp Salad, Apple Caramel Bread, Classic Beef Stroganoff over Homemade Noodles  
OR  
Roasted Root Vegetable in Phyllo Cup and Cranberry Stilton, a Side, Bread, Classic Beef Stroganoff over Homemade Noodles  
**Lunch:** Local Apple Crisp with Sweet Cinnamon Cream & drink  
**Pickity Place & Currier Museum**

**WHEN:** Weds, Jan 30 - 2019  
**WHERE:** Merrill Auditorium - Portland, ME  
**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 5:00 pm & returns approx. at 10:45 pm  
**COST:** $58/participant; Dinner cost prior to show on your own. Destination TBD.  
**Luncheon:** Sweet Pepper and Onion Dip, Loaded Baked Potato Soup, Shaved Fennel & Parmesan Crisp Salad, Apple Caramel Bread, Classic Beef Stroganoff over Homemade Noodles  
**Lunch:** Local Apple Crisp with Sweet Cinnamon Cream & drink  
**OR**  
**Pickity Place five course creative herbal cuisine draws guests from all over New England and beyond thyme after thyme. From start to finish our luncheon courses feature fresh herbs and edible flowers harvested daily from our very own culinary garden.**

The Currier Museum of Art is an internationally renowned art museum located in Manchester, N.H. The Currier features European and American paintings, decorative arts, photographs and sculpture, including works by Picasso, Monet, O’Keeffe, Wyeth and LeWitt. **Min: 25 Max: 41**

**Pickety Place or Currier Museum**

**Elk The Broadway Musical**

**WHEN:** Friday, November 16  
**WHERE:** Merrill Auditorium - Portland, ME  
**TIMES:** Bus leaves the back left hand corner of the Quest Fitness parking lot at 5:00 pm & returns approx. at 10:45 pm  
**COST:** $58/participant; Dinner cost prior to show on your own. Destination TBD.  
This is a hilarious tale of Buddy, a young orphan child who mistakenly crawls into Santa's bag of gifts and is transported back to the North Pole. Unaware that he is actually human, Buddy's enormous size and poor toy making abilities cause him to face the truth. With Santa's permission, Buddy embarks on a journey to NYC to find his birth father, discover his true identity, and help New York remember the true meaning of Christmas. This modern day Christmas classic is sure to make everyone embrace their inner Elf. **Min: 20 Max: 35**

**REGISTER ONLINE AT WWW.KENNEBUNKREC.COM**  
**FMI: 207-604-1335**
Portland Players Theater Presents...

**Portland Flower Show**

**WHEN:**  
- Session 1: Tues, Nov 20 - “Mamma Mia”  
- Session 2: Thurs, May 16 - “Guys & Dolls”

**WHERE:** Portland, ME

**TIMES:**  
- Bus leaves the back left hand corner of the Quest parking lot at 4:15 pm & returns approx 10:30 pm

**COST:**  
- $18/participant per session; includes admission & transportation; Dinner cost prior to show on your own.

**NEW**

**Boothbay Botanical Garden’s Aglow**

**WHEN:** Thursday, November 29

**WHERE:** Boothbay, ME

**TIMES:**  
- Bus leaves the back left hand corner of the Quest parking lot at 2:30 pm & returns approx 9:30 pm

**COST:**  
- $56/participant; includes admission, transportation, Taste of Maine entrée, salad, potato, drink, dessert, tax & tip

Gardens Aglow is a signature event during the Boothbay Festival of Lights. Come on and see a beautiful display of the largest light show in Maine. Participants can enjoy the lights, the s’mores pit, popcorn stand and special art exhibits. Don’t Miss Out! Gardens Aglow has something for the whole family. Min: 20 Max: 25

**The Lyric Music Theater Presents...**

**“White Christmas”**

A Christmas card comes to life with this story of a song-and-dance team putting on a show in a magical Vermont inn and falling for a stunning sister act in the process. White Christmas is full of dancing, laughter, and some of the greatest songs ever written! Give everyone the gift they’re dreaming of with this merry and bright holiday musical!  

*Min: 20 Max: 29*

**Christmastime Strawberry Banke Candlelight Stroll**

An annual holiday tradition since 1979, showcases 350 years of holiday traditions within the furnished historic houses. The grounds glow with hundreds of lighted candle lanterns, houses are adorned with hand-made decorations crafted from live garden greens and dried flowers/herbs, and the air is filled with holiday music and scent of woodsmoke from the bonfire. Visitors stroll historic houses, greeted by costumed performers.

*New:*

Mrs. Shapiro prepares a Hanukkah celebration in her 1919 Russian Jewish kitchen. Mrs. Goodwin, her family and servants prepare a Victorian Christmas. Father Christmas, the night watchman, “Mayor Frank Jones” and other role-players make their rounds along the dirt lanes; and the Abbotts await news of their soldier fighting in Europe in the Second World War. Carolers, chestnuts, holiday crafts & demonstrations, traditional hearth cooking demos, complimentary refreshments and hot apple cider at the Cider Shed. Figtree Kitchen cafe offers seasonal food and beverages in the Visitors Center.  

*Min: 20 Max: 29*

**Magic of Christmas**

*at the Merrill Auditorium & Lunch*

**WHEN:** Friday, December 14, 2018

**WHERE:** Merrill Auditorium, Portland, Maine

**TIMES:**  
- Bus leaves the back left hand corner of the Quest parking lot at 11:00 am & returns approx 4:45pm

**COST:**  
- $42/participant; includes admission & transportation; Lunch cost on your own.

Registration Deadline: Monday, October 15, 2018

Bruce Hangen, Portland Symphony Orchestra’s first Magic of Christmas conductor is back to bring Maine’s biggest tradition to the stage! Merrill Auditorium will light up with the miracle of the season! We will begin with an early lunch & then head to the 2:00 pm show. Min: 20 Max: 42

**The Lewiston Public Theater**

*Presents... “Wine Down”*

**FREE WINE TASTING BEFORE THE PERFORMANCE!**

**WHEN:**  
- Session 1: Thurs, Jan 31 - “Human Error”  
- Session 2: Thurs, March 21 - “A Doll House - Part 2”

**WHERE:** Lewiston, ME

**TIMES:**  
- Bus leaves the back left hand corner of the Quest parking lot at 3:45 pm & returns approximately at 10:15 pm

**COST:**  
- $32/participant per show; Dinner cost prior to 7:30 pm show on your own. Destination TBD.

Expect new life-sized gardens, instructional demonstrations & lectures, detailed floral arrangements & designs as well as the ultimate horticultural, gardening shopping experience & upward of 160 vendors. Whether for curb appeal, backyard, kitchen, rooftop or community garden, this is where New England's green lovers & families go to discover ideas while having fun. Please wear your walking shoes.  

*Min: 25 Max: 42*

**Boston Flower & Garden Show - “World Love Flowers”**

**WHEN:** Thursday, March 14, 2019

**WHERE:** Seaport World Trade Center, Boston, MA

**TIMES:**  
- Bus leaves the back left hand corner of the Quest parking lot at 9:15 am & returns approx 5:00 pm

**COST:**  
- $32/participant; includes admission & transportation; Lunch cost on your own

Expect new life-sized gardens, instructional demonstrations & lectures, detailed floral arrangements & designs as well as the ultimate horticultural, gardening shopping experience & upward of 160 vendors. Whether for curb appeal, backyard, kitchen, rooftop or community garden, this is where New England's green lovers & families go to discover ideas while having fun. Please wear your walking shoes.  

*Min: 25 Max: 42*

**Portland Flower Show**

**WHEN:** Friday, March 22, 2019

**WHERE:** Thompson’s Point, Portland, ME

**TIMES:**  
- Bus leaves the back left hand corner of the Quest parking lot at 11:00 am & returns approx 4:00 pm

**COST:**  
- $22/participant; includes admission & transportation; Lunch cost on your own

Landscapers, exhibitors, designers, and horticulturists come together in one anticipated annual event. The Maine Flower Show is one of the biggest gardening and horticultural shows in the region, and this year, more than ever, it is Rooted in Maine. That’s because this year’s show celebrates Maine’s values and traditions, its exceptional local goods and services, and the bounty of local resources that take root, grow, and thrive right here in Maine.  

*Min: 25 Max: 42*
**Savannah, Charleston, St. Simons & Jekyll Island MOTORCOACH TRIP**

**WHEN:** Sat - Sun, April 6 - April 14, 2019

**TIMES:** Bus departs Dorothy Stevens Center, 60 Thompson Rd, at 8:00 am on Sat & returns Sun mid afternoon-early evening

**COST:**
- $909/participant (Double Occupancy) for 9 days!
- $1194/participant (Single Occupancy) for 9 days!
- $889/participant (Triple Occupancy) for 9 days!

**Insurance:** Optional, travel insurance available

**Deposit:** $75 non-refundable deposit due at registration

**THIS INCREDIBLE PRICE INCLUDES:**
- Motorcoach transportation,
- Eight nights lodging,
- Eight breakfasts,
- Six dinners,
- Guided trolley tour of Savannah during the spring blooming season,
- "The Belle of Georgia", where the breathtaking city embodies southern charm and an up close view of one of Savannah’s beautiful homes,
- A visit to Historic Charleston, SC with a relaxing harbor cruise,
- We will also island hop for a guided tour of St. Simons and Jekyll Islands.

St. Simons is a vision of beauty with its quaint shops and moss-draped oaks.

Jekyll Island was once a playground for America's wealthy at Millionaires Club.

Don't miss out on this great opportunity!!!

Min: 30 Max: 50

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**Green Ladle Culinary Arts School**

**WHEN:** Thursday, March 28 OR Friday, March 29-TBD

**WHERE:** Lewiston, ME

**TIMES:** Bus leaves the back left hand corner of the Quest parking lot at 9:30 am & returns approximately 2:30 pm

**COST:** $25/participant; includes lunch & transportation; Bakery purchases on your own.

Part of the Lewiston Regional Technical Center, the Ladle offers a well-rounded culinary education to juniors and seniors from partnering high schools. While much of the curriculum occurs during normal school hours, the Ladle also offers catering and seasonal take-out services. The Ladle is able to provide students with real life culinary experiences and is able to bring in the revenue necessary to allow the facility to function. Restaurant days offer the opportunity for students to get real hands-on work in the positions of head chef, cook, waiter/waitress and hosting. It also offers the opportunity for the general public to reserve a seat to come and enjoy what the Ladle has to offer. After we will make a stop at the European bakery in Falmouth for a mouth watering treat or fresh breads to take home. Min: 20 Max: 29

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**PLEASE BE SURE TO REVIEW ALL OF OUR POLICIES BEFORE REGISTERING FOR A PROGRAM**

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**AREA SPORTS CLUB CONTACTS**

Interested in Youth Sports and don't know who to contact? Contact the following organizations for registration information.

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<tr>
<th>ORGANIZATION</th>
<th>WEBSITE</th>
<th>SIGN-UPS</th>
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<tr>
<td>Kennebunk Hoops</td>
<td><a href="http://www.kennebunkhoops.com">www.kennebunkhoops.com</a></td>
<td>November</td>
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<tr>
<td>Kennebunk/Kennebunkport Little League</td>
<td><a href="http://www.kklittleleague.com">www.kklittleleague.com</a></td>
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<tr>
<td>Kennebunk Lacrosse Club</td>
<td><a href="http://www.kbklax.com">www.kbklax.com</a></td>
<td>March</td>
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<tr>
<td>Kennebunk Soccer Club</td>
<td><a href="http://www.kennebunksoccerclub.com">www.kennebunksoccerclub.com</a></td>
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<tr>
<td>Kennebunk Youth/Pee Wee Football</td>
<td><a href="http://www.kennebunkyouthfootball.org">www.kennebunkyouthfootball.org</a></td>
<td>May</td>
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<tr>
<td>Kennebunk-Kennebunkport Softball League</td>
<td><a href="http://www.kklittleleague.com">www.kklittleleague.com</a></td>
<td>February</td>
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</table>
How to Register:
REGISTER ONLINE at www.kennebunkrec.com (Create your account today)

Complete the registration form and mail with total fees due to: Kennebunk Parks & Recreation, 1 Summer St., Kennebunk, ME 04043. If you would like a copy of your receipt mailed to you please include a self-addressed stamped envelope. We do not send or call with confirmations for mailed in registrations. We will notify you if the program you are registering for has been filled, cancelled or changed. Mailed in registrations are processed AFTER walk in registrations.

Come to our office located on the 3rd floor of the Kennebunk Town Hall during normal business hours. We are sorry, but the department cannot accept telephone registrations or reservations. All parents/guardians must sign a release waiver located on our registration form or the release waiver on our payment receipt to sign up for a program. Friends or other family members may NOT register another person without a registration form signed by a child’s parent/guardian or by the other adult wishing to participate. Please be aware that we do not allow person(s) to be dropped off or attend a program without being registered prior to the program start date. Due to liability concerns if a person arrives at a program and is not on the participant list that person will not be able to participate until such time as proof of registration is given to the program coordinator.

Non-Resident Fees:
There is an additional fee of $5 per program per participant unless otherwise stated for anyone not residing in Kennebunk. In some programs this fee may be higher.

Assistance:
Fees are charged in almost all of our program/events to help offset the cost to the town’s taxpayers. If for any reason you are unable to pay the cost of a program/event, please contact the Recreation Director to work out a payment agreement or to receive assistance. Any payment agreements must be paid in full prior to the start of the program for the participant to attend. Payment agreements are available to Kennebunk Residents only.

Participant Age/Grade:
All school age children (Grades K-12) are required to be the age/grade requested by the start of the program or turning the correct age during the length of the program to be eligible to participate. All others are required to be the age/grade requested by the start of the program. No exceptions will be made.

Prorating cost for non-contractual programs that are already in operation:
If a participant would like to join a program after it has started and the program has space available the department will prorate the fee on a program by program basis; however, a $5 late sign up fee will be added. Please be aware this does not include: Summer Day, Teen X-Treme, Pee Wee Explorers or one-day participation.

Refund Policy:
In order to be considered for a refund, the participant and/or parent/guardian must put the request in writing via email or fax on the day they would like to withdraw from a program, Please be aware checks can take a minimum of 3 weeks to be processed and will be mailed to the address we have on file.

Due to the processing time and expense associated with program refunds, there will be a $5 handling charge per program, per person which will be deducted from the program refund.

The Parks & Recreation Department will grant refunds by check for programs and activities under the following conditions:
1. When there is a conflict between the schedule of a program and the participant, and the participant has not attended any class whatsoever; a full refund can be obtained from the department, except in the case of a contractual program or it causes the department to cancel the program or comes at the expense of the Town of Kennebunk. This refund request must be made no later than the start of the programs second class at which time Guideline 4 will be in effect.
2. Should the participant have any injury or sickness that prevents him/her from completing the program, he/she will be entitled to a full refund if he/she has not attended any sessions, or a pro-rated refund based upon the number of sessions that will not be attended, except in the case of a contractual program.
3. When the participant attends the first day of the program and realizes he/she is not interested or can not afford, for example, additional costs of clothing, equipment, etc., then a full refund will be given, except in the case of a contractual program or it causes the department to cancel the program or comes at the expense of the Town of Kennebunk.
4. No refund will be given after the start of the second program’s class, except for Guideline 2.
5. Contractual Program Refund Policy: Contractual programs are programs where a verbal or written contract has been made by this department with an individual or business to run the program. Refunds will be granted to contractual programs only in the event that the issuing of this refund does not come at the expense of the Town of Kennebunk. All refunds must be requested at least 3 working days prior to the program start date. A refund will not be granted if the department has already issued the program payment to the contracted business, or the issuing of the refund puts the program under the minimum number of participants needed to run the contracted program. In the event of a one-day program, a refund request must be made a minimum of one business day, excluding weekends and holidays, prior to the start of the program.
6. Summer Day Refund Policy: In order to be considered for a refund, the parent/guardian must put the request in writing via email or fax on the day they would like to withdraw from the program. Once the request has been received, a meeting with the Recreation Director will need to be scheduled in order to determine if a refund is possible.
7. Teen X-Treme Refund Policy: In order to be considered for a refund, the parent/guardian must put the request in writing via email or fax on the day they would like to withdraw from the program. Once the request has been received, a meeting with the Recreation Director will need to be scheduled in order to determine if a refund is possible.
8. Pee Wee Explorer & Jump Start Camp Refund Policy: In order to be considered for a refund, the parent/guardian must put the request in writing via email or fax on the day they would like to withdraw from the program. Once the request has been received, a meeting with the Recreation Director will need to be scheduled in order to determine if a refund is possible.
9. Just For Kids Club Refund Policy: *A $50 fee will be deducted from refund per child if cancelled before the program starts. After the start date a two week notice is required of all participants before leaving or making a schedule change prior to the end of the program. Each time a schedule change is made, a $10 change fee per change occurrence, per participant will be charged.
**PARTICIPANT RELEASE WAIVER & REFUND POLICY AGREEMENT**

The undersigned participant is aware that there is a charge if a child is picked up late from a Recreation program. These fees are: 10-15 min. $10, 15-30 min. $15, 30-60 min. $30. If participant’s parents, guardian or adult that is approved to pick up child are late in picking up their child 2 times during the duration of the program and/or more than 40 minutes late at any time, a meeting will be set up with the Director to discuss if the participant will be allowed to continue in the program. The participant will not be able to participate in the program until this meeting has taken place. Payment is expected at time of pickup of your child. If we do not receive payment during time of pickup, the late fee will be charged to your account and must be paid in order to participate in the current program and or any further programs. I acknowledge that I have read and fully understand the refund policy.

**American with Disabilities Act:** In accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, the Town of Kennebunk invites you to identify any physical or mental disability or behavior that would preclude you from fully participating in the Kennebunk Recreation programs. The Town is fully committed to complying with the requirements of the Acts set forth above. In this regard, the Town, to extent required by law, will provide reasonable accommodations to participants who require them in order to participate in the program. Individuals with disabilities are not required to self-identify at any time. However, the Town is only required to provide reasonable accommodations for known disabilities. The Town is not required to search medical files in order to determine the existence of a disability. If you or your child needs a reasonable accommodation(s) in order for your child to participate in our program, you must contact the office a minimum of 1 week before the program.

The undersigned participant is fully committed to complying with the requirements of the Acts set forth above. In this regard, the undersigned participant agrees to assume all risk of injury, harm or damage to his/her person or property arising during or in connection with said Kennebunk Recreation Department program, activity and/or special event. The undersigned participant hereby releases and agrees to indemnify and hold harmless the Town of Kennebunk, its agents, officers and employees from any and all liability, actions, damages and claims of any kind and nature whatsoever for any injury, harm or damage to his/her person or property that may arise or occur during or in connection with said program, activity and/or special event. The undersigned participant hereby releases and agrees to allow Kennebunk Recreation Department to photograph/video and publish photographs/videos of program participants for our promotional material as well as through the social media sites including but not limited to Facebook, Twitter and television. It is your responsibility at the time of registration to notify the Kennebunk Recreation Department if you or your child do not wish to have his/her picture/video published. The undersigned participant has read through all the rules, regulations & policies, including the contractual refund policies concerning the programs that the undersigned participant has signed up for. They understand that the participant further understands & agrees to abide by these rules, regulations & policies at all times. Please be advised that the department reserves the right to remove a participant from a program at any time during the course of the program if the department feels that the participants actions are a threat to the well being and safety of the other children and/or staff.

In the event that your child participates in Summer Day Camp, X-Treme Camp, Just For Kids Club before and after school program, Pee Wee Explorers the following time out discipline warning procedure we be in place: If your child continues to have behavior problems, the Kennebunk Recreation Department rules state that if you receive three Time Out Slips during our program, your child will be excused from the program until a meeting is set up with the participant's parent(s)/guardian(s) and department Director or full time staff in the event the Director is not available, to discuss the disciplinary action which could include days off, weeks off or expulsion from the program. By signing below I fully agree to abide by the time out discipline warning procedure. Please be advised that no participant will be allowed to participate in the program they received the time outs in after receiving 5 times outs.

I have read and I agree to abide by all of the policies, rules and regulations of this department. I have reviewed the programs printed on this receipt and agree that they are correct and I understand that if there is an error, correction to the intended program may not be possible. I have signed up for a **Contractual** ____ **Non-Contractual** ____ program and have read the refund policy, especially in the case of a contractual program.

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**Participan Registration**

<table>
<thead>
<tr>
<th>Participant Name</th>
<th>Birthdate</th>
<th>Grade/Fall</th>
<th>Shirt Size</th>
<th>Program</th>
<th>Fee</th>
<th>Total Fee:</th>
</tr>
</thead>
</table>

**Parent/Guardian Name**

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**Signature of Participant or Parent/Guardian (if under 18)**

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REGISTER ONLINE AT WWW.KENNEBUNKREC.COM  CREATE YOUR ACCOUNT TODAY!!!