

Information

The Kennebunk Parks and Recreation Department is committed to promoting and providing our community residents with outstanding service, recreational programs, parks and facilities that create leisure opportunities in a safe and healthy environment which meets the needs of participants and enhances their quality of life.

Volunteers: Volunteers are essential to this department. They enable us to provide a much larger program format at a considerable savings to the community. Volunteers in turn receive hours of enjoyment in an activity or program in which they have a strong interest. The department is always looking for more volunteers for special events and field trips, to set up programs, or for a program they might like to start. Please help us set up a volunteer list by contacting the department and then by giving a few hours of your time to a very worthwhile program or activity. Please be advised all volunteers must fill out a volunteer application and go through the interview process before being considered to volunteer for any program.

Check your receipt at time of registration and prior to participating in a program: Participants may only participate in the time slot, day, and/or session that they have registered for as printed on their receipt. Please understand often times programs fill to capacity and we may not be able to change your time slot, day, and/or session after leaving the office, regardless of a change you would like made or an error that you would like corrected.

Program Times: It is very important that parents not only know the time a program begins but also what time it is over so that arrangements are made to have their child picked up on time. The recreation staff is paid only for the scheduled hours of a program, so if you are late the instructor who must wait with your child is on his/her own unpaid time. The department charges a late fee to any parent or guardian who is late picking up a child. Please be conscious of this and respect the private time of our staff, most of whom have other jobs or personal matters to which they need to attend.

Late Fees: 10-15 minutes \$10, 15-30 minutes \$15, anything over 30 minutes is \$30. If the participant's parent, guardian or adult approved to pick up the child is late in picking up their child 2 times throughout the duration of the program and/or more than 40 minutes late at any time, a meeting will be set up with the Director to discuss if the participant will be allowed to continue the program. The participant will not be able to participate in the program until this meeting has taken place. Payment of late fees is expected at the time of pick-up. If we do not receive payment at time of pick-up, it will be charged to your account and must be paid in order to register for any further programs.

Schedule Times: The department reserves the right to cancel or rearrange any of the programs listed. Refunds will be issued if a program is canceled or a change does not fit your schedule.

School Facilities: Please be aware that R.S.U. #21 has priority over all school facilities. This may possibly cause recreation programs to be canceled or a time/location change. Should this happen, we will make every effort to contact participants.

Programs for the Disabled: The programs listed in this catalog are available for all to participate. If you or your child have a disability and are not sure whether your needs will be met in any program or activity, please contact the Director. We may be able to adjust the program to meet your needs or find another to suit you.

American with Disabilities Act:

In accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, the Town of Kennebunk invites you to identify any physical or mental disability or behavior that would preclude you from fully participating in the Kennebunk Recreation programs. The Town is fully committed to complying with the requirements of the Acts set forth above. In this regard, the Town, to extent required by law, will provide reasonable accommodations to participants who require them in order to participate in the program. Individuals with disabilities are not required to self-identify at any time. However, the Town is only required to provide reasonable accommodations for known disabilities. The Town is not required to search medical files in order to determine the existence of a disability. **If your child needs a reasonable accommodation(s) in order for your child to participate in our program, you must contact the office a minimum of 1 week before the program.**

Discipline: If your child misbehaves or does not adhere to the department's rules and regulations and/or is not listening to our instructors while participating in any of our programs a written warning will be issued. Written warnings must be signed by the participant's parent or guardian. Written warnings are kept on file at the office and are cumulative. A copy of this written warning will be forwarded to the Director for review and possible disciplinary action which includes any or all of the following: Conditional Participation; Suspension Single/All Program(s), Expulsion; Single/All Programs(s), and/or Restitution. Any disciplinary action will be imposed without program fee refunds. **Please be advised that the department reserves the right to remove a participant from a program at any time during the course of the program if the department feels that the participants actions are a threat to the well being and safety of the other children and/or staff.**

Smoking Policy: In compliance with Maine State Law, there will be no smoking allowed while participating in any recreation program/activity or while in any recreation facility. The Kennebunk Recreation Department does hereby declare that its recreation facilities are tobacco-free zones and specifically restricts the use of any tobacco product, including, but not limited to cigarette, cigars, and chewing tobacco, on, in, or at any athletic facility, playground, or assembly under the authority of the Town of Kennebunk Parks & Recreation Department.

Find A Mistake?: It is our policy to include something for everyone. Since some people like to find errors, we leave a few in our catalog just to meet this need. Please be aware that we reserve the right to correct and change any of the information in our catalogs, flyers or any other print generated from our office.

Pictures: We randomly choose pictures of adults and children who participate in our programs to be printed in our publications and to be sent out to area publications. If you or your child do not wish to have his/her picture published, please be sure to let us know immediately at registration.

T-Shirts: Please be aware that you must be registered at least 10 days prior to the program start date to receive a t-shirt, if the camp/program includes a t-shirt.

Vandalism: Each year Kennebunk taxpayers must cover the cost of repairing or replacing park facilities and vegetation that has been willfully destroyed. Since parks are unsupervised, it is difficult for Park Staff to catch the vandals who cause this damage. You can assist by reporting any acts of vandalism to the Police at 985-6121.

Suggestions: If you have a suggestion for a future program or wish to be an instructor or coach for one of our programs, please contact the Kennebunk Parks & Recreation Department at (207) 604-1335.

Sponsorship: The Kennebunk Parks & Recreation Department is always in need of sponsors for our sport programs and special events. If your business, company or organization is interested please contact our office.

Cover provided by: Southern Maine Health Care

Concerts in the Park

Wednesdays 6:30 - 7:30 pm at Lafayette Park, Storer St.

Sponsored by: Kennebunk Savings Bank

June 12 - The Scharff Brothers

The Scharff Brothers have been around the block. They got lost, asked for directions, got back in the van, got lost again, showed up late for the show, in the snow, up hill both ways... and still somehow seem to have way more fun than any non-famous, non-rich people should be allowed to have. That is a Scharff Brothers show. No matter what song they play it sounds as if it were written by the Brothers. Their harmonies and execution are seamless and effortless.

June 19 - Dann Wolfe

With an ear to the past and an eye towards the future of rock and roll, singer and songwriter Dann Wolfe takes to the stage with his exciting one man band. His playlist spans from America to ZZ Top.

June 26 - The Windmills

The Windmills bring a funky elegance to their extensive repertoire of great songs in their own style of blues, dance, jazz, pop and rock'n'roll music. Featuring Lisa Mills (vocals), Mark Gunter (piano & vocals), Joe Riillo (saxes, flute & clarinet), John Kumnick (bass & vocals) and Rob Duquette (drums & vocals), a wide repertoire of artists is covered including Nina Simone, Imelda May, Aretha Franklin, Etta James, Sam Cooke, Robert Johnson, Diane Birch, Bee Gees, The Doors, Bonnie Raitt, Joss Stone, Robert Cray, Stevie Wonder, among many others.

July 3 - Kennebunk River Band

Kennebunk River Band will perform original songs as well as playing everything from Dylan, the Dead to Tom Petty and Eddie Vedder, Joan Baez and Joni Mitchell to modern rock, country, bluegrass and adult alternative hits by artists like Allison Krauss, Sarah MacLachlan, and Sheryl Crow. The core of the Kennebunk River Band is Steve and Emily MacKinnon, who each have many years performing as acoustic soloists.

July 10 - Finestkind

Finestkind is a country band made up of a keyboard player, lead guitar, bass guitar, drums and vocals. Come enjoy a blend of traditional country music, country blues and Texas swing.

July 17 - Gardens of the City

Gardens of the City is an indie rock band from Portland/Kennebunkport. They've been playing around town since 2014, putting out three EPs and one full album in the process. Their sound is equal part early 90s and late 70s — quirky, danceable funk married to fuzz pedals and big hooks. If you like Built to Spill, The Pixies, Talking Heads, and late-70s Rolling Stones, you'll probably enjoy Gardens of the City.

July 24 - North River Music

North River Music has an Americana sound with strong harmonies and expressive musicianship. Playing covers of folk, rock and country songs, a North River set is fun to listen to with something familiar for everyone. From Crosby Stills and Nash, The Eagles and Dylan to the Dixie Chix and Indigo Girls come to dance, come to listen - you'll like what you hear!

July 31 - The Chris Humphrey Big Band

The Chris Humphrey Big Band is a jazz and swing big band on the scene in Maine, New Hampshire and Massachusetts, playing events ranging from corporate parties and ballroom dances to intimate club dates and charity functions to concerts in city parks. This 14 piece band's membership is experienced, deeply musical and all are in high demand as individual musicians in their own right. The band's music focus is classic big band jazz, featuring tunes from 1930s-1960s.

August 7 - The O Harrows

The O Harrows, Portland, Maine, bring a night of catchy and danceable music to their live shows. Their unique blend of reggae and rock, paired with honed vocal harmonies and capturing saxophone leads, has quickly gained the band attention around the southern part of the state. The band continues to win over audiences with infectious choruses and injections of nostalgia with their genre-bending covers.

August 14 - Delta Knights

Spend the early 'Knight' with the Delta Knights as they perform their award winning blues, R&B, swing and classic rock selections. Winners of the 1996 Portland Road to Memphis Blues Competition & 1996 finalists in The International Blues Talent Competition.



**CANCELLATIONS DUE TO WEATHER WILL
BE POSTED ON OUR KENNEBUNK PARKS
& RECREATION DEPARTMENT WEBSITE.**

Family

Open Playtime Toddling Tots

Drop-in play group for children

Ages 1 - 5

WHERE: Town Hall Auditorium
WHEN: Tuesdays, On-going through - May 28
TIMES: 9:00 am - 10:00 am
COST: \$3/parent child pair
Max of \$5 if more than 1 child in the same family
Pay at the door.

Open playtime is a parent participation program. With close supervision & participation by each parent, tots & siblings will engage in gross motor activities and interact positively with their peers.

Reminder: This program was designed to provide parents with one-on-one time with their child. **Please be advised:** Due to the fact that pre-registration is not required, should this program be canceled we will post it on our website.

All Sorts of Lil' Sports

- REGISTRATION IS CURRENTLY ONGOING -

Limited Seats Available

Ages 3 & 4 (4 week sessions)

WHEN: Tuesdays, May 21 - June 11
WHERE: Parsons Field, Park Street
TIMES: 10:15 am - 11:00 am
COST: \$30/parent child pair

CONTRACTUAL

REQUIREMENTS: Parent participation & water bottle

You and your lil' sport will enjoy this program, which will help your child develop his or her kicking, running, dribbling and social interaction with a different sport featured each week.

Min: 8 Max: 10 parent/child pairs

Pee-Wee Play Dates

- REGISTRATION IS CURRENTLY ONGOING -

Limited Seats Available

Ages 2 - 5 (4 weeks)

CONTRACTUAL



May 10 (9:00 - 10:00 am) #1: Tour of Harris Farm
May 17 (9:30 - 11:30 am) #2: Rachel Carson Trail Walk/Treasure Hunt
May 24 (10:45 - 12:00 pm) #3: Storytime - Animal Refuge League
May 31 (9:30 - 10:30 am) #4: Arts & Crafts - DOT Stevens
COST: \$49/participant; *Includes child & 1 parent/guardian admission for ALL 4 Play Dates*

COORDINATOR: Daniel Peacock

Play Date 1: HARRIS FARM- We will meet at Harris Farm in Dayton (280 Buzzell Road). Once there we will milk a cow, see the baby animals, go on a hayride and sample some chocolate milk.

Play Date 2: RACHEL CARSON TRAILWALK/TREASURE HUNT- We will meet at the Rachel Carson Trail in Wells (321 Port Road) for a fun journey through wooded trail, exploring and hunting for *GOLDEN* treasures.

Play Date 3: STORYTIME AT ANIMAL REFUGE LEAGUE- We will venture up to the Animal Refuge League in Westbrook (217 Landing Road) to experience the shelter hands-on through picture books, facility exploration & animal meet-and-greet. Led by their humane education team, story time is the perfect activity for parents and caregivers of preschool-aged children.

Play Date 4: ARTS & CRAFTS AT DOT STEVENS CENTER- On our final play date we will meet at the Kennebunk Dorothy Stevens Center (80 Thompson Road) to make some memorable artwork and take-home crafts, as well as end with some yummy Popsicles. *Min: 8 Max: 20*

SHARPER

Events Party Rentals

Tents, Tables, Chairs, Bars, Games, Inflatables,
Archery Tag, PhotoBooths, Dunk Tanks,
Dance Floors, Tiki Bars, Waterslides

www.sharp.rentals

www.magicalmoonwalks.com

207-337-4891



Tickets & Seacoast Soccer

Discount Tickets

Limited quantities available on a first come first serve basis. All sales are final. No exchanges or refunds. Department is not responsible for lost or stolen tickets. Amusement park tickets are expected to be available the first week of June. **TICKETS MUST BE PURCHASED IN THE OFFICE.**

Aquaboggan Water Park

Cost: \$17.00 per ticket (\$5 Savings)

Valid: Includes unlimited use of slides, pools & mini golf.

Funtown/Splashtown

Cost: Funtown Amusement Park Only Passes \$26.00

Splashtown Waterpark Only Passes \$26.00

Funtown/Splashtown Combo Passes \$30.00

Valid: One full day pass for one person. (Savings \$5.00 - \$9.00)

Smitty's Movie Theater

Cost: \$8.00 per ticket (Savings \$2.00)

Valid: Not valid for 3D movies; prices subject to change according to theater pricing.

Water Country Water Park

Cost: \$34.00 per ticket (Savings \$5.99 - \$9.99)

Valid: One day admission for one person.

York's Wild Kingdom

Cost: \$16.00 per ticket (Savings up to \$2.50 kids - \$7.75 adults)

Valid: One day admission zoo & rides for one person age 4 - adult.

DISCOUNT TICKETS ONLY!

Due to the cost associated with credit/debit card processing there will be a 2.5% charge added to your total discount ticket purchase if not paying with cash. Sorry, we do not accept checks for ticket purchases.

PARK & PET REGULATIONS

In an attempt to keep our parks clean for all community residents to enjoy, we are asking pet owners to please do your part by following the law and picking up after your pet. The Town has provided dispensers with doggie bags for your support in keeping the parks clean. In addition, we are asking concerned citizens to do their part in reminding pet owners or reporting violations occurring in the parks to the police. Please remember no pets are allowed on the playground areas due to health and safety of the children.

SEACOAST



MAINE

Seacoast United Soccer

HALF DAY CAMP

Ages 6 - 14 (all ability levels)

WHEN: Monday - Friday, July 15 - 19

WHERE: Parsons Field, Park Street

CONTRACTUAL

TIMES: 9:00 am - 12:00 pm

COST: \$130/participant;

Includes new Nike Ball & T-shirt

Our 3 hour per-day program is perfect for any recreational or travel player. Our local and international coaches utilize fun games, challenging exercises and small sided play to ensure each player has an amazing time while learning the game. Each day has its own theme & break time activity adding to the clinic experience. Players always look forward to playing in their very own world cup tournament during the week with each country earning points by showing great teamwork, sportsmanship, team spirit and quality of play. It's a winner for each player!

Seacoast United Skills

& Scrimmage

Ages 3 - 5, Parent Participation Required

WHEN: Monday - Friday, July 15 - 19

WHERE: Parsons Field, Park Street

TIMES: 9:00 am - 9:45 am

CONTRACTUAL

COST: \$70/participant;

Includes new Nike Ball & T-shirt

Our specialized local & international coaches utilize fun games, fun challenges and plenty of touches on the ball. Our program incorporates balance & coordination exercises with and without the soccer ball to begin each player down the right athletic path. Since parent participation is required, we use lots of teamwork and soccer related terms to promote sportsmanship & quality of play. Come and join us for a fun, fantastic, program!

FOR ALL SEACOAST SOCCER PROGRAMS

Bring water, snacks and dress appropriately for exercise. Camp will be held in the rain & will only go inside in the event of thunder or lightening. Please bring sneakers each day in case the camp has to be moved inside.

Challenger Soccer

CHALLENGER SPORTS™

"Tiny Tykes" Soccer Fall Program

Ages 2 - 5 (5 Weeks)

WHEN: Sundays, Sept 15 – Oct 13

CONTRACTUAL

WHERE: Parsons Field, Park Street

TIMES:

*9:15 am - 10:00 am (Ages 2&3 **Parent Participation Encouraged**)

*10:15 am - 11:00 am (Ages 4&5)

*11:15 am - 12:00 pm (Ages 2&3 **Parent Participation Encouraged**)

*12:15 pm - 1:00 pm (Ages 4&5)

*1:15 pm - 2:00 pm (Ages 2&3 **Parent Participation Encouraged**)

COST: \$80/participant; *Includes soccer ball & uniform*

Tiny Tykes is an exciting program that teaches basic soccer skills while developing strength, balance, coordination, listening skills and team work. Our professional, licensed British coaches will ensure your child has a positive soccer experience. The Tiny Tyke curriculum has been devised by soccer experts, child development professionals and experienced coaches.

Player Development Soccer

Academy Fall Program

Ages 6 - 11 (5 Weeks)

WHEN: Sundays, Sept 15 – Oct 13

CONTRACTUAL

WHERE: Parsons Field, Park Street

TIMES: 1:15 pm - 2:15 pm

COST: \$80/participant

This program is aimed to help children who want to learn the fundamentals of soccer through drills and games. The Challenger team will work with the participants on a variety of fundamentals not only to teach but also highlight the importance of fun while learning the great game of soccer. *Min: 8 Max: 15 per session*

"Tiny Tykes" Summer Soccer Camp

Ages 3 - 6

WHEN: Monday - Friday, July 29 - August 2

WHERE: Parsons Field, Park Street

TIMES: 1:30 pm – 2:30 pm

CONTRACTUAL

COST: \$75/participant

A unique and creative program that introduces very young players to the basics of the game of soccer, ensuring kids learn how to kick the ball, dribble the ball, stop the ball and play with teammates. All of this development is achieved through fun games and imaginative themes in a positive, energetic and magical environment for the kids.

CHALLENGER SPORTS™

Challenger Sports Summer

International Soccer Camp

Ages 7 - 14

Challenger Sports, the leading soccer camp company in North America, is combining the most popular elements of their two existing industry-leading camp programs, British Soccer and TetraBrazil, integrating them into a collection of the most effective soccer practices used by youth teams around the world.

The new Challenger International Soccer Camp reflects the truly global nature of the sport today and provides young players with a wide variety of coaching styles, practices, and influences that will help them develop a well-rounded skill set.

We have taken the best coaching methodologies and practices from England, Brazil, Spain, USA and France and have woven them together in a multi-faceted on and off-field coaching experience.

**Please bring sneakers each day
in case the camp has to be moved inside.**

WHEN: Monday - Friday, July 29 - August 2

WHERE: Parsons Field, Park Street

TIMES: 9:00 am - 12:00 pm **OR**

CONTRACTUAL

9:00 am - 2:30 pm

COST: \$140/participant 9:00 am - 12:00 pm

\$176/participant 9:00 am - 2:30 pm

*Includes t-shirt, ball, giant fold-out poster
& a personal player evaluation*

LATE REGISTRATION NOTICE

Please note that there will be a \$10 late fee for campers registering within 10 days of the camp start date.



KAK Soccer

Atria Kennebunk's Spring KAK Community Soccer

Grades K - 5 (5 weeks)

WHEN:

Grade K: Mondays, May 13 - June 17 (no program 5/27)
Grades 1 & 2: Mondays, May 13 - June 17 (no program 5/27)
Grade 3, 4 & 5: Tuesdays, May 21 - June 18

WHERE: Consolidated School, Kennebunkport

TIMES:

Grade K: 5:30 pm - 6:15 pm
Grades 1 & 2: 4:15 pm - 5:00 pm (KES pick up available)
Grade 3, 4 & 5: 4:15 pm - 5:00 pm (SRS pick up available)

COST:

Practice Only: \$45/participant

Transportation, Before Practice Care, Practice: \$105/participant

COORDINATOR: Ryan French

REGISTRATION DEADLINE: April 25, 2019 at 4:00 pm

After the deadline, players will be put on a wait list and we will do our best to accommodate everyone.

On May 13, from 5:30 pm - 7:30 pm, join us for some time together away from the practice field! All players and family are invited to Atria Kennebunk at 1 Penny Ln for hot dogs, ice cream and live music. Players will get their Atria soccer jersey at this event as well. (Grades 1 & 2 - please attend at 5:15 pm. Kindergarten and Grades 3, 4 & 5 - please attend at 6:30 pm).

We would like to say a big

THANK YOU

to Atria Senior Living in
Kennebunk for sponsoring
our youth community spring
soccer program for a
second year!



Fall KAK Community Soccer

Grade Entering Pre-K

WHEN: Saturdays, October 5 - October 26
WHERE: Consolidated School Field, Kennebunkport
TIMES: 8:00 am - 8:45 am
COST: \$25/participant

Grade Entering Kindergarten

WHEN: Saturdays, September 14 - October 26
WHERE: Practices on weekdays at Parsons St. Field, Consolidated Field in K-Port or Gillian Field in Arundel.

Games at Consolidated School Field, K-Port

Practices: TBD

Saturday Games: Between 8:00 am - 1:00 pm

\$75/participant

Grades Entering 1 & 2

WHEN: Saturdays, September 7 - October 26
WHERE: Practices on weekdays at Parsons St. Field, Consolidated Field in K-Port or Gillian Field in Arundel.

Games at Consolidated School Field, K-Port

Practices: TBD

Games: Between 8:00 am - 1:00 pm

COST: \$85/participant

Grades Entering 3 & 4

WHEN: Saturdays, September 7 - October 26
WHERE: Practices on Wednesdays at Parsons Field, 19 Park Street, Kennenunk
Games at Consolidated School Field, K-Port or Southern Maine region towns

TIMES: Practices: 4:30 pm - 5:30 pm

Games: Between 8:00 am - 3:00 pm

COST: \$85/participant

Grades Entering 5 & 6

WHEN: Saturdays, September 7 - October 26
WHERE: Practices on weekdays at Parsons St. Field, Consolidated Field in K-Port or Gillian Field in Arundel.

Games at Consolidated School Field, K-Port or Southern Maine region towns

TIMES: Practices: TBD

Games: Between 8:00 am - 3:00 pm

COST: \$95/participant

Cost includes soccer shirts, shorts, socks & soccer ball.

A \$10 discount will be given to all players registered before August 1, 2019 at 5:00 pm. Practice schedules will be determined when the volunteer coaches are appointed to a team and communicate their preferred day/time to the program coordinators. We will do our best to accommodate all players and their schedules so they can participate. However, if a player would like to drop out due to not being able to attend their teams practices due to a scheduling conflict, a refund will be issued.

Please be aware that participants must sign up with the Town's Recreation Department in which they reside. Those who don't live in Kennebunk, Kennebunkport or Arundel can register with any of the three departments.

Messy Kidz “Lil’ Super Slimy Science

Ages 4 & 5

WHEN: Wednesday, July 10
WHEN: Dot Stevens Center, Thompson Rd
TIMES: 9:00 am - 11:00 am
COST: \$30/participant CONTRACTUAL
COORDINATOR: Tammy Legere
REQUIREMENTS: Pack a water bottle, snack, clothing that can get messy or stained, box to carry home your goodies and report allergies, if any at registration.
 Come along on this slimy quest to create and experiment with a variety of fun projects and recipes. No clothing is safe with this messy fun so be sure to wear clothes that you don't mind getting slimy. *Min: 10 Max: 14*

Little Tot Tennis

Ages 2 - 4 (4 Weeks)

WHEN: Fridays, July 12 - Aug 9 (no class 7/26)
WHERE: Parsons Field Tennis Courts
TIMES: 8:00 am - 8:30 am
COST: \$24/participant CONTRACTUAL
COORDINATOR: Daniel Peacock
 In this beginner's tennis program, children will learn to hold and swing the racket, some basic court rules and to have fun with the game. Lessons will be taught through games and repetition. Parent participation is encouraged, but not mandatory. Please be aware that you must supply your own racquet and bring plenty of water. *Min/Max: 4*



Flag Football

Grades Entering 1 & 2 (6 weeks)

WHEN: Tuesdays, September 10 - October 15
WHERE: Kennebunk Elementary School Field
TIMES: 3:00 pm - 4:15 pm
COST: \$79/participant CONTRACTUAL
COORDINATOR: Daniel Peacock
 Players will participate in a variety of instructional and FUN drills designed to improve their understanding of the game. Every participant will receive a “NFL” mini helmet each week with their team for the day's logo. Flag football is the ideal way to introduce football to kids, as it is very important they have a clear understanding of the rules/point of the game, before they have to think about the contact aspect. Flag football is SAFE and no previous knowledge or experience required! **The only thing a player needs to bring is a water bottle and mouth guard!** Due to planning of teams, recruitment of coaches, and scheduling we will have a deadline for registration for **ALL PLAYERS on Friday, September 6.**
Min: 15 Max: 30

Flag Football

Join us for another fun season of FLAG FOOTBALL! Each week is full of excitement, with every participant receiving a “NCAA” mini helmet with their team for the day's logo. Flag football is the ideal way to introduce football to kids, as it is very important they have a clear understanding of the rules/strategy of the game, before they have to think about the contact aspect. Flag football is SAFE and no previous knowledge or experience required! **The only thing a player needs to bring is a water bottle and mouth guard!** Due to planning of teams, recruitment of coaches, equipment orders and scheduling, we will have a deadline for **FALL SEASON** registrations for **ALL PLAYERS of Monday, September 2.**

Current Grades 3 - 5 (4 weeks)

WHEN: Spring Session: Thursdays, May 16 - June 6
WHERE: Sea Road School Field
TIMES: 2:45 pm - 4:30 pm CONTRACTUAL
COST: \$49/participant
COORDINATOR: Daniel Peacock

Grades Entering 3 - 5 (7 weeks)

WHEN: Fall Session: September 5 - October 17
WHERE: Sea Road School Field
TIMES: 2:45 pm - 4:30 pm
COST: \$89/participant
COORDINATOR: Daniel Peacock
Min: 15 Max: 40

WATER BABIES

Parent/child swim lessons **AGES 6 months – 3 years**

WHEN: Tuesdays, June 25 – August 13

TIMES: 3:45 pm – 4:15 pm

Parent participation in the pool is required. In this parent and child class, the goal is to make your child feel comfortable in the water. They will learn how to play safely in and around the water, how to perform basic strokes and how to demonstrate correct body position in the water. **Min: 4 Max: 15**

PARENT/CHILD PRESCHOOL SWIM

WHEN: Wednesdays, June 26 – August 14 **AGES 2 - 5**

TIMES: 5:00 pm – 5:30 pm

Parent participation in the pool is required. This parent and child class will focus on teaching the children independence in the water and will develop the skills featured in the preschool class but with parental support. Students will work to use a bubble and begin to swim, at least short distances, independently.

Min: 4 Max: 12

PRESCHOOL SWIM A

Class 1

AGES 3 - 5

WHEN: Tuesdays, June 25 – August 13

TIMES: 4:15 pm – 4:45 pm

Class 2

WHEN: Wednesdays, June 26 – August 14

TIMES: 4:00 pm – 4:30 pm

This class is geared towards students who are experiencing their first class without a parent in the water with them, or perhaps their first swimming class ever. Students might still have a fear of the water, or may not yet be able to get their face wet. Students in this class most often swim with 3 or 4 bubbles. **Max: 5/class**

PRESCHOOL SWIM B

Class 1

AGES 3 - 5

WHEN: Tuesdays, June 25 – August 13

TIMES: 4:15 pm – 4:45 pm

Class 2

WHEN: Wednesdays, June 26 – August 14

TIMES: 3:30 pm – 4:00 pm

This class is the middle level of preschool, where students are comfortable being in the water, but are still working towards a horizontal body position in the water. Students should be comfortable getting their face wet and are on their way to performing the correct arm movements in the water. Students in this class most often swim with 2 or 3 bubbles. **Max: 5/class**

PRESCHOOL SWIM C

Class 1

AGES 3 - 5

WHEN: Tuesdays, June 25 – August 13

TIMES: 4:15 pm – 4:45 pm

Class 2

WHEN: Wednesdays, June 26 – August 14

TIMES: 3:00 pm – 3:30 pm

This class is the precursor to the *Beginner A* class. In this class, students are working towards being able to swim without any support whatsoever. Students should be able to swim with their face in the water, should be able to perform freestyle with their arms out of the water and should be able to float on their backs independently. Students in this class must be comfortable swimming with 1 bubble or without any floatation support at all. **Max: 5/class**

BEGINNER LESSONS A

Class 1

AGES 6 - 14

WHEN: Tuesdays, June 25 – August 13

TIMES: 4:45 pm – 5:30 pm

Class 2

WHEN: Wednesdays, June 26 – August 14

TIMES: 3:00 pm – 3:45 pm

This class is the most basic level of swim lessons for children ages 6-14. Students in this class will work towards swimming independently for a short distance, and will work to float and swim on their backs. Students will work to become comfortable putting their faces in the water, and are asked to bring goggles to swim class every week. **Max: 5/class**

BEGINNER LESSONS B

Class 1

AGES 6 - 14

WHEN: Tuesdays, June 25 – August 13

TIMES: 4:45 pm – 5:30 pm

Class 2

WHEN: Wednesdays, June 26 – August 14

TIMES: 3:45 pm – 4:30 pm

This class is for students who have mastered the basic techniques of freestyle and backstroke, and are ready for more specific, technical instruction. Students will also begin learning breaststroke and elementary backstroke. Students will work to build endurance and strength, and will strive to swim 100 feet (a full lap) consecutively. **Max: 5/class**

INTERMEDIATE LESSONS

Class 1

AGES 6 - 14

WHEN: Tuesdays, June 25 – August 13

TIMES: 5:30 pm – 6:30 pm

Class 2

WHEN: Wednesdays, June 26 – August 14

TIMES: 4:30 pm – 5:30 pm

This class will push student's endurance level that much further as they master freestyle, backstroke, breaststroke, and elementary backstroke to an extent that will allow them to swim laps at a time. Students will work towards perfecting their streamline starts, and will begin learning sidestroke as well. This class will continue to focus on the technical aspects of all of these things.

Tues Max: 8/class

Wed Max: 4/class

ADVANCED LESSONS

WHEN: Tuesdays, June 25 – August 13

TIMES: 5:30 pm – 6:30 pm

AGES 6 - 14

This class will focus on the refinement of all strokes. Students will learn and perfect flip turns, as well as the butterfly stroke. Students are expected to demonstrate strokes such as freestyle, backstroke, sidestroke, and breaststroke with ease for distances up to 500 feet at a time. This class will work students towards swimming with more efficiency, power and smoothness over greater distances.

Max: 8/class

**ALL SWIM CLASSES
ARE CONTRACTUAL**